## Are you blizzard ready?

Winter is upon us, and with the season comes the threat of blizzard conditions in Southeast Colorado. The CDC recommends that you have a week's worth of supplies on hand; possibly more if you live far from other people or municipalities. Below is a checklist of items to have on hand for emergency sheltering purposes:

- Drinking water-recommend 1 gallon per person per day
- Canned/no-cook food (bread, crackers, dried fruits)
- Non-electric can opener
- Baby food, formula, and diapers (if baby in the household)
- Prescription drugs and other medicine
- First-aid kit
- Rock-salt to melt ice on walkways
- Supply of cat litter or bag of sand to add traction on walkways
- Flashlight and extra batteries
- Battery-powered lamps or lanterns (To prevent the risk of fire, avoid using candles.)

Additionally, Emergency Planning teams in Baca County recommend that residents:

- Be aware of weather warning sources in the area (radio, television, cell phone alerts, Facebook alerts, etc.)
- Fill gas tanks of vehicles
- Assure you have plenty of propane in your tank if that is your primary source of heat/energy.
- Be aware of where community winter shelters are located in the event that you or a loved is in need of shelter.



Printable Winter Checklists are available from the CDC website at:

http://www.bt.cdc.gov/disasters/winter/be forestorm/supplylists.asp

- Communication Checklist
- Food and Safety Checklist
- Water Checklist
- Heating Checklist
- Cooking and Lighting Checklist
- Car and Emergency Checklist

